**Topic: DEPRESSION AND ALCOHOL**

**NOTES AND OBSERVATIONS**

(Woodruff et al., 1973)

Woodruff, R. A., Guze, S. B., Clayton, P. J., & Carr, D. (1973). Alcoholism and Depression. *Archives of General Psychiatry*, *28*(1), 97–100. https://doi.org/10.1001/archpsyc.1973.01750310075011

**SUMMARY:**

The study found out that most people with alcoholism and depression problem had onset of their first episode of depression after some years of alcohol consumption. “The variables that separated alcoholic patients from patients with depression principally involved sociopathic symptoms that began prior to the onset of clinical alcoholism.0000”

**SIGNIFICANCE**

This tells me that alcoholism somehow is connected to depression. This would help in my research analysis, such I have soepossible outcomes that most people who suffer from psychological problems especially depression may have taken alcohol in the past years.

**METHODS:**

In the research the people made use of a research clinic where patients were grouped into three categories: patients without depression and alcoholism, those with alcoholism and affective disorder and a group with unipolar disorder alone. This